

Alzheimer's Caregiver Project

Empowering Caregivers To Make Educated Decisions




Alzheimer's Caregiver Project

(Crosby Center YMCA)

We can help reduce the stress of being a Caregiver by empowering you through a **FREE** educational series specific for the Alzheimer's/Dementia Caregiver

- ♥ **Memory Loss, Dementia, and Alzheimer's Disease: The Basics** — August 18, 2011
Beverly Engel
Program Coordinator
Alzheimer's Association, Central and North Florida Chapter
5:30pm-7:00pm
- ♥ **Legal and Financial Matters** — September 15, 2011
Kathleen Flammia, P.A.
Board Certified Elder Law Attorney
Flammia Law
5:30pm-7:00pm
- ♥ **Choices of Care (Community Resources)** — October 20, 2011
Ron St. John CCM, QDCP
Alzheimer's/Dementia Care Director
Visiting Angels Senior Homecare
5:30pm-7:00pm
- ♥ **Medications/Research** — November 17, 2011
Dr. Ira Goodman
Board Certified Neurologist
Compass Clinic
5:30pm-7:00pm
- ♥ **Surviving Challenging Behaviors/Communications** — December 15, 2011
Janet Whiteside, PhD.
Director
UCF Communication Disorder Clinic
5:30pm-7:00pm
- ♥ **Virtual Dementia Tour** — January 19, 2012
Walk in the shoes of someone who has Alzheimer's or other related dementia's. This is an eye opening experience that you should not miss as a Caregiver
5:00pm-7:00pm

All classes are **FREE**, open to the public, and on the third Thursday of each month.
A light dinner will be provided by  SAMARITAN CARE
HOSPICE OF FLORIDA



Contact Ron St. John
at 407-302-4138
for any further
information



PLEASE RSVP TO:
407-447-5971
Or Email

acp-orange@yourspecialangels.com

Classes take place at:

*Peggy and Phillip B Crosby
YMCA Wellness Center
2005 Mizell Ave
Winter Park, Fl 32792*